

**The Competition Rules for the  
BALTIC ORIENTEERING CHAMPIONSHIPS 2008-2010**

**1. General**

- 1.1. The Baltic Orienteering Championships in foot orienteering (BOC) is the official event to award the titles of the Baltic Champions in foot orienteering.
- 1.2. BOC is organised by the appointed Federation: 2008 – Lithuanian Orienteering Federation, 2009 – Latvian Orienteering Federation, and 2010 – Estonian Orienteering Federation.
- 1.3. The BOC official programme consists of a long distance competition and a relay.
- 1.4. The organising federation must enter the long distance competition as World Ranking Event.
- 1.5. Competition rules for IOF foot orienteering events shall be applied at the BOC.
- 1.6. Additional regulations which do not conflict with these rules and Competition rules for IOF foot orienteering events may be proposed by the organiser. The additional regulations need prior approval of the Lithuanian, Estonian and Latvian Orienteering Federations.

**2. Participating federations**

Latvia, Estonia, Lithuania

**3. Classes**

- 3.1. Individual long distance competition:  
W14, W16, W18, W20, W21  
M14, M16, M18, M20, M21
- 3.2. Relay:  
W16, W20, W21  
M16, M20, M21

**4. Participation**

- 4.1. Each competitor shall have full citizenship of the country that he or she represents.
- 4.2. Each federation may enter a team of up to 56 competitors – up to 28 women and 28 men – and up to 5 officials of the team. The maximum number of members in each class is determined as follows:

Class	Competitors	Class	Competitors
W14	4	M14	4
W16	5	M16	5
W18	5	M18	5
W20	4	M20	4
W21	10	M21	10

- 4.3. Each federation may enter up to 2 individual competitors in classes W21 and M21, with the exception of the organising federation that may enter up to 4 individual competitors in both classes. Individual runners should be entered on a national team entry form, and they should be separately marked as individual runners.
- 4.4. In the individual long distance competition classes W20 and M20 shall not compete on the same courses for classes W21 and M21 respectively.
- 4.5. In the relay, each federation may enter up to 3 teams in every class. In addition in classes W21 and M21, each federation may enter one more team of individual runners. Each relay team shall consist of 3 members.
- 4.6. If a federation is unable to make up complete relay teams, it may form incomplete teams or mixed teams with runners from other federations.

**5. BOC dates and programme**

- 5.1. BOC shall be held in May. The event dates are suggested by the organising federation and approved by other participating federations.
- 5.2. Event programme:

Friday      Arrival and accreditation

<u>Saturday</u>	Opening ceremony Individual long distance competition Prize-giving ceremony (long distance) Social events Team officials' meeting
<u>Sunday</u>	Relay competition Prize-giving ceremony (relay) Departure

2008 year BOC individual long distance and relay competitions days under the circumstances have been changed.

## 6. Information about BOC

- 6.1. Information from the organiser shall be given in the form of bulletins.
- 6.2. Bulletin 1 (preliminary information) shall include the following information:
  - organising club(s) and the names of the event director and controller
  - postal address, telephone number, e-mail address and web page for information
  - dates of competition
  - venue
  - a colour copy of the most recent version of any previous orienteering map(s) of the competition area(s).
- 6.3. Bulletin 2 (invitation) shall include the following information:
  - all information given in bulletin 1
  - official entry and accommodation forms
  - types and cost of accommodation and food service
  - opportunities for training
  - description of terrain
  - scales and vertical contour intervals of the maps
  - event programme
  - winning time and approximate length of each course
  - latest date for all type entries and reservations
  - latest date and address for the payments
  - arriving scheme
- 6.4. Bulletin 3 (additional event information) shall be given on arrival of the competitors and shall include the final details of the event information.
- 6.5. Bulletin 1 shall be published in December of the year prior to BOC. Bulletin 2 shall be published 2 months before the event.

## 7. Costs

- 7.1. Team entry fee is 700 EUR. The entry fee includes:
  - participation in the competitions and the model event
  - start and result lists (3 copies per federation)
  - free parking at the competition arenas
- 7.2. The rental payment of electronic control card for one competitor is 1 Euro per two days.
- 7.3. Accommodation and food service must be arranged by the organiser. The costs of accommodation and food service shall be kept as low as possible.
- 7.4. Late entries may be charged an additional fee.

## 8. Punching system

The IOF approved electronic punching system must be used.

## 9. Starting order

- 9.1. Each federation shall submit entries by best competitors 1,2,3,4 - th in each group.
- 9.2. The start draw for the individual long distance competition will be made by a team principle. Best competitors start at the end.
- 9.3. The start interval in the long distance competition is 3 minutes.

## 10. Team score

10.1. Team score is calculated for each federation by counting up points as follows:

- Long distance

Place	MW21	MW20	MW18	MW16	MW14
1	<b>30</b>	<b>20</b>	<b>15</b>	<b>15</b>	<b>10</b>
2	<b>27</b>	<b>17</b>	<b>12</b>	<b>12</b>	<b>9</b>
3	<b>25</b>	<b>15</b>	<b>10</b>	<b>10</b>	<b>8</b>
4	24	13	9	9	7
5	23	11	8	8	6
6	22	9	7	7	5
7	21	7	6	6	4
8	20	5	5	5	3
9	19	3	4	4	2
10	18	1	3	3	1
----	----	0	2	2	0
27	1	0	1	1	0
28	0		0	0	
29	0		0	0	
30	0		0	0	

- Relay

Place	MW21	MW20	MW16
1	<b>80</b>	<b>40</b>	<b>30</b>
2	<b>65</b>	<b>32</b>	<b>25</b>
3	<b>50</b>	<b>25</b>	<b>20</b>
4	40	20	15
5	30	15	10
6	20	10	7
7	15	7	5
8	10	5	3
9	5	3	2

10.2. An overall team score is calculated for each federation as the total sum of points of competitors, received in both competitions.

## 11. Prizes

- 11.1. In the long distance competition the first three competitors of each class are awarded medals and certificates, also prizes are presented to the winners of each class.
- 11.2. In the relay, each individual member of the team receives the appropriate medal and certificate.
- 11.3. The best team according to the team score results receives the cup.
- 11.4. All prizes, medals, certificates and the cup must be provided by the organiser.

## 12. Jury

- 12.1. The jury consists of 3 voting members by one of each participating federation. The event controller leads the jury but has no vote.
- 12.2. Decisions of the jury are final.

## 13. Public events

- 13.1. The Baltic Masters Orienteering Championship or other public events may be held together with BOC by the decision of organisers.